

The background of the entire page is a soft-focus photograph of ocean waves with white foam, washing onto a sandy beach. In the bottom right corner, a portion of a palm frond is visible, adding a tropical feel to the design.

MAGNETIC

feminine

YOUR GUIDE TO GET THE WHOLE ENCHILADA

BLANCA VERGARA



Hello!

So excited you are reading these lines!

This guide is the product of years of research and experience of human behavior, healing and reality creation.

I curated these very powerful devotional practices that have the potential of changing your life faster than you imagine.

Enjoy!

Blanca Vergara

blancavergara.com

wecare@blancavergara.com

M O D U L E

Introduction

Reclaiming our Feminine

Humanity has been honoring the masculine energy for centuries. We are in a global spiritual awakening, remembering and reclaiming the Sacred Feminine. As we do, we will marry both energies to birth an amazing future for our planet.

MASCULINE

Setting off on a quest to
slay dragons

Decisiveness

Giving

Action taking

Clarity

Structure

Support

Protection

FEMININE

Establishing a safe harbor

Compassion

Receiving

Creation

Expression

Sensuality

Intuition

Nourishment

Receiving is your essence

M O D U L E

The Devotional Practices



Why Devotional Practices

For years, I've been intrigued by why women close themselves to receive. They disregard their intuition, the wisdom of their bodies and even their emotions.

Why is that?

Scientific explanations have not provided me with a satisfactory answer.

Conversely, the wisdom from ancient cultures has had a profound impact on my life.

When we behave from the deep knowing that we are Divine, all around us is also Divine, we enter into a world full of possibilities and expansion.

Making our life a devotion makes it sacred, magical, magnetic. Devote yourself to love in action.

Devotional Practices



1 See the ilusion

If identify with guilt, shame or fear, they block abundance. If you remember your true Divine nature, as the observer, as Oneness, you will unclog the flow of abundance. Awake!



2 In the mirror of the Goddess

Reality is a mirror. Reflect on it the feelings of your ideal self and reality will change. You will move to better and more expansive timelines. Ease, love, pleasure, abundance will accompany you.



3 Prove Yourself Right

Whatever you put your attention on grows. Everyday put you attention on the miracles that will rain on your life. As you notice them, more and more will appear.

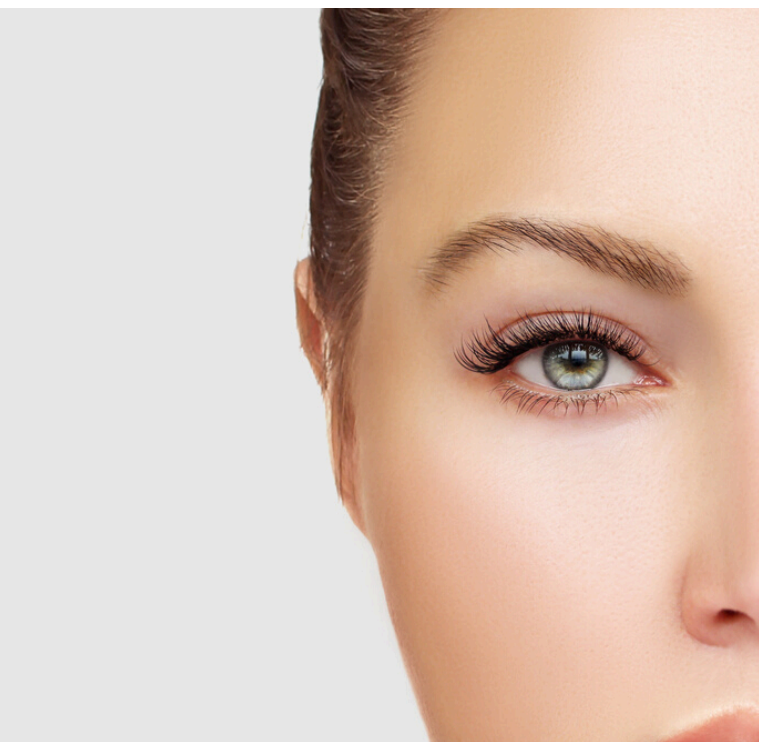


4 Widening the Limits

You don't need to concern about purpose or process. Forget about why and how. They will be given to you. You must concentrate in noticing them. As you light up, enlightened goals and efficient methods will be obvious.

M O D U L E

See the illusion



There is no spoon

YOU ARE NOT YOUR PAST

Many professionals tell you that you must rewire your nervous system, heal traumas, rewrite your beliefs, to be able to receive. I beg to differ!

YOU ARE GODDESS

Your true identity is Divine. You have the power to alter reality, bend time, create what you observe.

Your body is an illusion. Your past is an illusion. Your fears, guilt, shame are illusion.

The truth reveals itself when you awake.



Nothing to heal here!



Find the place of no time

1

Breathe. Observe
your breathing.
Observe the air
coming in, going out.
Don't change it. Just
observe


2

Observe yourself
breathing. See your
body as the channel
for life. Air coming in
and out. Eternity
passing through it.

3

Identify with the Big
part of yourself.
Become the observer
See your body, fears,
dreams, thoughts with
detachment and love.

Find the place of no time. Find the place of infinity. Find the
place of no body. Detach from who you thought you were.
Connect with ALL that is. Remember you are ALL that is.



Feel the feeling, but don't
become the emotion.

Witness it.

Allow it.

Release it.

M O D U L E

In the mirror of the Goddess



Identity is destiny

BE, DO, HAVE

Who you think you are
changes everything. Let's
expand that definition!

Imagine who is that woman
who could attract with ease
those dreams who elude you?
and do that effortlessly?

AWAKEN THE GODDESS

She lives within you. You just
need to invite her to come out
and play. As soon as you
embody her, she will be
reflected in the mirror and your
whole reality will change.



Reality is a Mirror

Awaken Her

HOW DO
YOU FEEL
WHEN
EMBODY
HER

A large white rectangular box intended for a user to write their response to the question 'HOW DO YOU FEEL WHEN EMBODY HER'.

NAME HER

A white rectangular box intended for a user to write the name of the person they are embodying.

WHAT
TRIGGERS
YOU TO
EMBODY
HER

A large white rectangular box intended for a user to write what triggers them to embody the person.



Consider
every_morning

which version of
myself do I need
today to embody
to accomplish my
goal effortlessly?

M O D U L E

Prove yourself right



~~Action~~ Art

YOU ARE A
CREATRIX

Show up to your everyday activities as an artist. Make a piece of art of washing dishes, making an excel file, writing social media, doing the beds....

CONFIRMATION

As you go through your day, notice. Notice you are living your dream. Notice how beautiful the clothes fit, the perfection of the sunset, the loveliness of your customers....

As you see the miracles, they will compound!



Make your life art



Show up
Unhurried

Show up
Knowing

Show up
Loving



Daily miracles

/ /

Every night before going to bed, list at least 3 big wins
that confirm your living your best life.

1

2

3

M O D U L E

Widening the limits

Before you fall asleep

**If you don't know
what or how**

- Connect with the feelings you would like to experience
- Make them as vivid as possible
- Ease into sleep

Before you fall asleep

**If your goals and
method are clear**

- Visualize yourself effortlessly taking action, in a committed yet detached way
- Connect with the positive feelings of living your best life
- Ease into sleep

Congratulations

Even just becoming aware of this practices has already generated changes in your reality!

If you want to take it to the next level, you need to adopt them as a consistent practice. Of course you can do this by yourself, but hey that's a very masculine strategy.

Reach out and I let you know more about our community: an ever expanding group of women applying this devotional practices and changing their lives. You are welcome to join us. Let's talk!



Blanca

Contact:

blancavergara.com/yes

wecare@blancavergara.com